# Our sailing club in Brittany







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# **About us**

# The association

The Ecole de Voile de Trébeurden is a non-profit organisation established in 1960. It is accredited Youth and Sport and National Education and affiliated to the Fédération Française de Voile (French Sailing Federation).

The EVT is able to welcome nearly two-hundred people of all ages. The ever-improving fleet takes advantage of all the novelties and technological advances in yachting.

The EVT offers to all, from the novice to the seasoned sailor, the daily practice of sailing.

The supervision is provided by a professional team during the year. It is reinforced all year long by certified instructors, and by a team of instructors and instructor's assistants during the summer.

The Board of Directors is made up of active members practising sailing all year.



# The premises

They are facing Tresmeur beach at the address: EVT 3 Route de Traoumeur, 22560 Trébeurden.

They are made up of a reception, a meeting room, a classroom, locker rooms with showers, sanitary facilities and plant room.

# Our partners

Trébeurden Town hall Trébeurden Tourist Office Cap Armor <u>Armor Loisirs camping in Trébeurden</u> Centre du Baly (Ile Grande)

French Sailing Federation Côtes d'Armor Departmental Sailing Committee Trébeurden yacht club Kayak in Lannion

Trébeurden snorkelling club Trébeurden-Île-Grande SNSM Les windsurfers des Côtes d'Armor



# **Our fleet**

# The sailing school's boats



**OPTIMIST** From 7 to 9 years old, double-handed for introduction, single-handed for performance



**FUNBOAT** From 9 to 12 years old, double-handed for introduction and for performance



L'EQUIPE From 9 to 12 years old, double-handed for introduction and for performance



**NEW CAT 13.5** From 13 to 16 years old, double-handed for introduction and for performance



HOBIE T1 from 13 to 16 years old, double-handed for introduction and performance



420 (rentals and private lessons only) From 16 years old, for double-handed navigation



**LASER** from 16 years old, solo navigation (4.7/radial/standard sails)



**HOBIE MAX** from 16 years old, doublehanded for performance



SL 5.2



**BIC 293D** From 10 years old, for performance



**BIC BEACH 29** From 10 years old, for beginners



**EXOCET CRUISER** From 10 years old, for beginners



# Other boats



**GIANT PADDLE** 



**BIC DURA-TEC 10.4** From 10 years old, for introduction



BIC DURA-TEC 11.4 From 12 years old, for introduction



**KAYAKS** Solo, double-handed, doublehanded + child, open deck

# Collective boats



SCHOOL BOAT Coastal boating licence



THE PICOTEUX For all, fishing strolls



THE MULTIMONO For all, sailboat - oar - motor



THE LICENCE-FREE MOTORBOAT



# **Courses**

# Sailing courses for children and adults in Brittany

We offer you courses for young and old alike on different boats like the catamaran, the dinghy or even windsurf!

A course can be postponed or cancelled if the number of applicants is less than three

You wish to apply by post? Download our application form!

# **Summer holidays**

Five-lesson courses from Monday to Friday (9:30am - noon or 2pm - 4:30pm)

### 4 & 5 years old: Jardin des mers

Fishing, aquarium and rides on our boat the Picoteux. Discovery of the marine life and local flora and fauna.

Book a course



#### 5 & 6 years old: Moussaillons

Practice of diverse activities (optimist with a suitable sail, kayak, towed board, catamaran...) while discovering the marine life as well as the practice of different nautical sports.

**Book a course** 



### 6 & 7 years old: Optimist first tacks

Trimming the mainsail or steering the boat, the purpose of this course is to get to know and discover the Optimist smoothly. An unmissable boat to debut sailing!

+332 96 23 51 35

**Book a course** 



### From 7 to 9 years old: Optimist discovery and Performance

The aim is to learn sailing while having fun: basic manoeuvres and sailing rudiments. The discovery is done in pairs, whereas the performance is done solo

#### **Book a discovery course Book a performance course**



### From 9 to 12 years old: Catamaran & dinghy for children

This age group offers two possible types of boats: the Funboat (catamaran) and L'Equipe (dinghy). These are perfect to debut and discover a unique feeling of sliding!

#### Book a catamaran course Book a dinghy course



### From 13 to 16 years old: Catamaran for teenagers

Sensation, performance, strolls, discover the New Cat 13.5 and the Hobie T1 (2017 novelty). These two types of catamarans are very versatile and fast: ideal for teenagers!

#### Book a course



# From 16 years old: Catamaran for adults (all levels)

Performance accessible for all. Light crews or beginners in sailing will have the possibility to taste sensations of speed provided by this boat: the Hobie Max with a spinnaker and two trapezes!

### Book a course



# From 9 to 11 years old: Windsurf for children

Debut and tack for the first time. We have at our disposal large boards and small sails to begin with!

### **Book a course**



#### From 11 years old: Windsurf

For beginners and experienced, we have at our disposal a wide range of sails (from 1.5m<sup>2</sup> in Dacron to 6.5m<sup>2</sup> in Monofilm) with Exocet boards for beginners and then Bic 293 for the more experienced!

Book a discovery course Book a performance course



# Summer pre-season

Five-lesson courses from Monday to Friday (2pm - 4:30pm)

# All ages: June holiday-makers

You book a course whenever you want We offer you multi-activity weeks (catamaran, dinghy, kayak...)

**Book a course** 



# **Easter holidays**

Five-lesson courses from Monday to Friday (2pm - 4:30pm)

### All ages: Multi-activities

You book a course whenever you want We offer you multi-activity weeks (catamaran, dinghy, kayak...)

Book a course for:

7 & 8 years old 9 to 16 years old over 16 years old



# From 12 years old only: Windsurf

For beginners or experienced we have at our disposal a wide range of sails (from 1.5m<sup>2</sup> in Dacron to 6.5m<sup>2</sup> in Monofilm) with Exocet boards for beginners and then Bic 293 for the more experienced!

Book a course



# FFVoile (French Sailing Federation) Levels 3,4 & 5

intensive theoretical and practical course in sailing

#### From 12 years old only

4 courses throughout the year in dinghy, catamaran or windsurf

#### Class schedule:

This course is made up of:

- Intensive practice moments on boat
- Navigation feedbacks
- Theoretical benefits in the classroom to approach the whole programme, in accordance with the FFVoile progress chart, in the fields of technic, security and the marine sense environment

+332 96 23 51 35

A final assessment

**Book a course** 



# Instructor's assistant

Intensive theoretical and practical course in sailing

#### **Hours:**

Mondays from 8.40am to 12.10pm and then from 1.45pm to 4.45pm. Tuesdays, Wednesdays, Thursdays and Fridays: from 9.20am to 12.10pm and then from 1.50 to 4.40pm.

#### You wish to do an Instructor's assistant course:

- 1. You need to ask Christophe (the director) first
- 2. You need to be minimum 14 years old
- 3. You need to have done at least one course during the year or to be a member of the EVT

#### 4. Apply online

#### Course schedule:

- Half-time: learning and discovery of the profession of sailing instructor
- Half-time: navigation on a boat solo or with an applicant in order to carry on learning







# **Strolls**

# Collective sailboat - Stand Up Paddle - Kayak - Catamaran

The "Nautical Strolls" are open to all audiences. Technical performance is in no way intended The trips include breaks or stopovers, exploration times and not-too-long sailing routes

# Collective sailboat: Bag An Holl

A collective boat built by a volunteer team as part of a social and solidarity project... The ideal boat for sea strolls with family or friends. Find on the following link the proceedings of a stroll: <a href="http://www.bretagne-cotedegranitrose.com/index.php?id=223">http://www.bretagne-cotedegranitrose.com/index.php?id=223</a>

#### Our two-hour strolls:

- In April during school holidays: on Tuesdays and Thursdays from 2:30pm to 4:30pm; on Wednesdays from 10am to noon
- In May, June, September: on Tuesdays and Thursdays from 4pm to 6pm; on Wednesdays from 10am to noon
- In July and August: on Mondays, Tuesdays, Thursdays and Fridays from 2:30pm to 4:30pm and from 5pm to 7pm
- The details of our two-hour strolls in Spring 2020 calendar and booking online
- The details of our two-hour strolls in Summer 2020 calendar and booking online
- The details of our "sunset" strolls summer 2020 calendar and booking online







# Stand Up Paddle

Our two-hour strolls:

- Off-season on request
- July and August: on Tuesdays and Thursdays from 10am to noon
- A stroll described by a guest...
- The details of our two-hour stroll in Summer 2020: calendar and booking online







# Catamaran: Discovery catamaran simple and friendly

Our two-hour strolls:

- Off-season on request
- July and August: on Tuesdays and Thursdays from 5pm to 7pm
- The details of our two-hour stroll in Summer 2020: calendar and booking online







# Kayak: open decked kayaks, solo or in pairs

Our two-hour strolls:

- Off-season on request
- July and August: on Wednesdays and Fridays from 10am to noon
- The details of our two-hour strolls in Summer 2020: calendar and booking online







# **Our commitments**

- Our guides all hold at least one vocational certificate
- Safety and comfort equipment provided
- Equipment in perfect working order
- The activity is environment-friendly

A course or a stroll can be postponed or cancelled if the number of applicants is less than three



# Rentals



A quick and easy access to the practice of nautical activities: initiated by the Brittany Sailing League, the network of Spot Nautique gathers 40 structures spread all over the Briton territory. These centres, which are certified by the French Sailing Federation, are committed to enable you to practice or learn whenever you wish to, on high-performance equipment in perfect condition. Renting or taking a private lesson in a Spot Nautique is the guarantee of carefree sailing.

#### A service:

As soon as you arrive, you will be taken care of by a nautical advisor. After handing you your equipment over: wetsuit, life jacket, harness (everything included in the price), he/she will introduce you to the rest of the equipment and the particularities of the navigation area.

#### For more information or to book online, click on the desired rental:

- Rent a solo kayak
- Rent a double-handed kayak
- Rent a Stand Up Paddle
- Rent a Giant Paddle (maximum 8 people)
- Rent a discovery windsurf
- Rent a discovery catamaran
- Rent a performance catamaran
- Rent a licence-free motorboat for: 1 hour 3 hours the day

All of our offers and our brochure on the following link: <a href="http://le-spot-nautique.bzh/fr/pages/Les spots/TREBEURDEN/">http://le-spot-nautique.bzh/fr/pages/Les spots/TREBEURDEN/</a>

#### No waste of time:

You will, above all, fully enjoy your rental. You will not waste any time: the boats will be ready to sail, rigged and made available at the water's edge. You will be able to sail freely under the supervision of the entire Spot Nautique team.

#### Assistance:

In case of difficulties, you will not be left to your own devices. You will find a team available to advise you, adjust your equipment to the current conditions or intervene if necessary.



# **Year-round sailing**

Sport School for young people - leisure-time sailing for adults

# Dates and functionning

Lessons resumption on September 11 and 14, 2019 Download the information brochure and application form

#### Saturdays from 9:15am to 12:15pm

- Optimist and L'Equipe (competition training) dinghies
- Windsurfing for teenagers and adults
- Catamaran for adults

#### Saturdays from 2pm to 5pm

• Catamaran for teenagers

Wednesdays from 2pm to 5pm:

- Catamaran for adults
- Windsurfing

# World Youth Championships in 470... Espoir Jeunes JO 2024...

• Multi-boats for children and teenagers

# 2019-2020 novelty: the free practice on Wednesday evenings...

Marine, 2014 420 French champion and 2015 420 World

vice-champion; 3rd at the 2018 and 2019 European and

#### Functioning dates:

From mid-September to November and then from March to the end of July (see details on the calendar), i.e. 24 sessions.

Plus, free participation to nautical events raids and regattas

Plus, free participation to holiday courses (subject to availability)

Plus, free practice: for every "sport school or leisure-time sailing" members with parental permission, it is possible to take a boat depending on its availability with the manager's permission.

#### 2019-2020 fees

Fees	Sport school	Leisure-time sailing
The year	280€	310€
1/2 year	190€	200 €

Sport School for young people: a youth contribution of 12€ as well as an FFVoile sport permit are included in the fees.

Trial offer: on the last course of August, 50% of the course will be deducted from the annual registration fee.

Leisure-time sailing for adults: an adult contribution of 20€ as well as an FFVoile leisure passport are included in the fees.

- Possible to pay in three instalments free of charge.
- 10% discount for the inhabitants of Trébeurden or for the application of three or people in a same family.

You wish to obtain a single annual FFVoile permit: click here

You wish to become member of the club: click here



#### Definition

The sport school of the Ecole de Voile de Trébeurden is the ideal training and reception facility for all sailing beginners who wish to improve their sailing skills by eventually tackling competition. It is the sporting extension of the introduction to sailing. It is, if the child desires, a soft start into local level competition (3rd division) which can be continued into departmental level competition (2nd division).

#### Goals

The Ecole de Voile de Trébeurden wishes to promote the Sport School by stating that sailing, even though a single-handed activity (optimist, windsurf) or double-handed (catamaran), must be considered as a team sport within the Sport School. Its vocation is to allow everyone to progress in the practice of sailing with pleasure.

The leisure-time sailing for adults is the ideal training and reception facility for teenagers and adults who wish to begin or improve in sailing. An instructor per half-day will offer you new sensations, new discoveries and new performances. For parents of children in Sport School, identical hours allow you to sail alongside on a boat for adults.

# On the programme

Every navigation is a new discovery!

#### The wind comes from the South?

• Let's explore Lannion Bay, La pointe du dourven and the square beach? The port of Locquémeau? The Plestin bay or why not Locquirec and its Pointe du Château?

#### The wind comes from the West?

 Let's go offshore! A short drive from the Taureau, the Four or even the Crapeau Beacon to the Plateau de la Méloine? Should we pass west of Molène?

#### The wind comes from the North?

• Let's sail around the islands... A stroll to Ile Grande? The channel between Losquet and Canton? The channel between Canton and Ile Grande with its beautiful bay? Should we sail between Molène and Losquet and go to the Triagoz?

#### The wind comes from the East?

• Let's discover the coast. Should we visit Landrellec bay? Th Coz pors in Trégastel and Ploumanach? We sail back up the Leguer to Beg Hen and the Yaudet...

#### No wind?

• Let's make a great stroll in kayak or paddle to Molène...

#### A lot of wind?

• We stay in Tresmeur bay, but we make great speed edges...

#### Cold?

• We sail an hour and then warm up over drinks...



Baptiste and Pierre, 2014 French and European champions



# **Private Lessons**

# A quick and easy access to the practice of nautical activities:

Initiated by the Brittany Sailing League, the network of Spot Nautique gathers 40 structures spread all over the Briton territory. These centres, which are certified by the French Sailing Federation, are committed to enable you to practice or learn whenever you wish to, on high-performance equipment in perfect condition. Renting or taking a private lesson in Spot Nautique is the guarantee of carefree sailing in a quality environment.







### A service

As soon as you arrive, you will be taken care of by a nautical advisor. After handing you your equipment over: wetsuit, life jacket, harness (everything included in the price), he/she will introduce you to the rest of the equipment and the particularities of the navigation area.

#### Our offers

- On your own boat
- For one person on one of our boats
- For two people on one of our boats
- All of our offers and our brochure (Website in French only)



# Groups, seminars and works councils

The Ecole de Voile de Trébeurden offers you its services and its beautiful location for the implementation of your projects. We offer you a wide range of nautical activities:

Catamaran, Kayak, Stand Up Paddle, Collective Sailboat







Our suggestion: a "trip to Trébeurden's islands": Molène, Milliau, Canton, Losquet... A picnic, a snack, a pleasure break to live, breathe and admire.

Our certified professionals will adapt to your profiles, whether beginners or experienced, sailors or earthlings, whether you want a physical commitment, some pleasure, calm, relaxation or mutual assistance, we will answer your wishes.

We will make ourselves available to organise, depending on your desires: lessons, strolls, animations, relay races or raids.

We offer you a nautical animation of two hours minimum, yet we make ourselves available to you to organise a big half-day or a whole day.

#### Examples:

- Two-hour-and-a-half paddle/kayak stroll, target group: teenagers/adults, stopover in Molene.
- Two-hour-and-a-half sport catamaran stroll, target group: teenagers/adults. Stroll around Trébeurden's islands.
- Two-hour-and-a-half collective sailboat (Bag An Holl) stroll, all audiences. Stroll around Trébeurden's islands.

If you wish to, we can rent you our meeting rooms, book tables in a restaurant for lunch, in a creperie at the end of the activity, your night in a hotel (located in close proximity from the Sailing school, seafront, Tresmeur beach in Trébeurden).

Our price for two hours of nautical activities: 22€ per person (nautical equipment and isothermal suits for everyone included)

#### We also have a special offer for summer camps, activity clubs and teenage neighbourhood houses

Groups - seminars - works councils offer

Contact us, we will make ourselves entirely available to you to listen to your desires and your projects, as well as to offer you through a cost estimate, the activity you want.



# **Coastal boating licence**

# We offer you three types of training:

### Open training - 246 €\*

# Theory:

• We lend you a course book and a test book, you learn on your own, then you come to two evening lessons

• You need to allow three hour and a half of your time at your convenience

#### Theoretical assessment:

See the dates below

**Book a training** 

#### Online training - 296 €\*

#### Theory:

• We lend you a course book and a test book, we give you the access codes for three months of lessons, exercices and practice tests, you learn on your own and then come to two evening lessons

• You need to allow three hour and a half of your time at your convenience

#### Theoretical assessment:

• See the dates below

**Book a training** 

### Course training – 346 €\* or 406 €\*

#### Theory:

• we lend you a course book and a test book, we train you during two or three full days

• You need to allow three hour and a half of your time at your convenience

#### Theoretical assessment:

• always the morning after the last day of the course, see the dates below

Book a two-day training **Book a three-day training** 

\*You will have to pay 108 € of tax stamps (38 € for the examination fees and 70 € for the issuing fees) You will buy the tax stamps online on the website

You can have more information and book online by clicking on the tabs "book a training; book a two-day training, book a three-day training

# Discounts (tax stamps not included):

10 % for unemployed people and students, 15 % for members of Tregor nautical centres 20 % for annual members of the Ecole de Voile de Trébeurden

# 2020 Training dates:

#### Training 1:

• February 15 and 17 – assessment on the 18th of February 2020 – two-day lessons with the assessment the morning after the last day of lesson

#### Training 2:

• April 6, 7 and 8 – assessment on the 9th of April 2020 – two- or three-day lessons with the assessment the morning after the last day of lesson

#### Training 3:

 April 20, 21 and 22 – assessment on the 23rd of April 2020 – two- or three-day lessons with the assessment the morning after the last day of lesson

#### Training 4:

• July 2, 3 and 6 – assessment on the 7th of July 2020 – two- or three-day lessons with the assessment the morning after the last day of lesson

#### Training 5:

• August 24, 25 and 26 – assessment on the 27th of August 2020 – two- or three-day lessons with the assessment the morning after the last day of lesson.

#### Training 6:

• October 26, 27 and 28 – assessment on the 29th of October 2020 – two- or three-day lessons with the assessment the morning after the last day of lesson.

# The dates of the 2020 coastal option assessment:

#### Place of examination:

Centre des Permis de Langueux Zone de la Perrière - 84 rue du Général de Gaulle 22120 YFFINIAC

#### 2020 dates:

January 21, February 12, March 24, 2020 April 9 and 23, May 26, June 23, 2020 July 7, 21 and 30, August 6, 18 and 27, 2020 September 22, October 29, November 12, December 15, 2020



#### **Download:**

- The 2020 presentation brochure the 2020 boat school training contract (in French)
- The maritime affairs registration form the maritime affairs medical certificate (in French)

### The dematerialisation:

#### In order to finalise your application, you need to provide:

- 1 quality PDF scan of the maritime affairs registration form, completed and signed
- 1 quality PDF scan of the maritime affairs medical certificate, stamped and signed
- 1 quality PDF scan of a proof of ID (ID card, passport or driving licence)
- 1 quality JPEG scan of an official ID photo
- The proof of purchase with the numbers of the tax stamps you bought online on the site
- The paper 2020 boat school training contract, completed and signed









# Instructor training

Caution, the new name of the certification is: Certificat de qualification professionnel d'initiateur voile

<u>The website "moniteurdevoile" explains everything to you... (in French)</u>

# Pre-training requirements:

#### You need to be over 16 and to have 6 certificates:

- A medical certificate less than three months old certifying the ability to practice and teach sailing
- UTC 1: Insurance: valid FFVoile licence
- UCT 2: FFVoile Level 4 \*
- UCT 3: Boating licence
- UCT 4: Training on how to deal with an accident delivered in an approved training centre or First aid training certificate or PSC1
- UCT 5: Swimming certificate (100 meters) with a passage under a one-meter-long obstacle

\*FFVoile levels 4 and 5 courses (see page 8):

4 courses throughout the year on dinghy, catamaran or windsurf

#### Course schedule:

#### This course is made up of:

- Intensive practice moments on boat
- Navigation feedbacks
- Theoretical contributions in the classroom to approach the whole programme, in accordance with the FFVoile progress chart, in the fields of technical, security and the marine sense environment
- A final assessment

For more information or to book online, click here

# Educational training:

#### (160h) Alternating 3 fields:

• Security - animation - teaching

#### Divided into 6 capitalizable skill units (CSU):

- CSU1: Securing the practice setting
- CSU2: Promoting the development of preventive attitudes among the course participants
- CSU3: Allowing maximum practice time
- CSU4: Maintaining the commitment of the course participants
- CSU5: Intervening to boost the progress of the course participants
- CSU6: Estimating the level of autonomy of the course participants

#### Graduation:

At the end of the training, you will get an end-of-cycle certificate valid for 4 months with an internship contract while waiting for your final certification:

o End-of-cycle certificate valid for 4 months while waiting for the final certification (in French)

In order to obtain your final certification, it is necessary to send pages 5/6 of your certification booklet to the Brittany Sailing league so it can be validated by the examinations board. The FFVoile will then issue the certification.

# 2020 training dates:

You can book online by clicking on the dates of the desired courses:

The dates for the Ecole de Voile de Trébeurden:

- Course 1: From Monday, July 6 to Friday, July 10
- Course 2: From Monday, July 13 to Friday, July 17
- Course 3: From Monday, July 20 to Friday, July 24
- Courses 4 and 5: On request. Maximum two trainees per trainer

You can consult the dates in the other Tregor Nautical Centres by visiting their websites

Download the application form (French)

The official 2020 educational ribbon (French)

#### 2020 course fees:

FFVoile level 4 course: 225€

The week of educational course 1: 225€

The week of educational course 2: 225€

The week of educational course 3: Free\* or 40€

The week of educational course 4: Free\* or 40€.

The week of educational course 5: Free\* or 40€

<sup>\*</sup> free for trainees who have completed courses 1 and 2 in Trébeurden





# Gift cards

# For Christmas or for someone's birthday: give them a gift card!

Look at our offer and call us if need be Book online (click on the offer to view it) We send you the order

# A customised gift card:

#### Our offer for your 2020 birthdays:

- The gift card: Coastal boating licence course
- The gift card: Pass Sensations book (25 tickets)
- The gift card: Pass Sensations book (50 tickets)
- The gift card: two-hour stroll in a kayak or stand up paddle
- The gift card: two-hour stroll collective sailboat or catamaran
- The gift card: Sailing course for a child under 9 years old
- The gift card: Sailing course for a child between 9 and 12 years old
- The gift card: Sailing course for a person over 12 years old

